Notes on use/Disclaimer

The EuroGuiDerm Guideline on Atopic Eczema was developed in accordance with the EuroGuiDerm Methods Manual v1.3, which can be found on the website of the European Dermatology Forum (EDF), subsection EuroGuiDerm/EDF Guidelines https://www.edf.one/de/home/Guidelines/EDF-EuroGuiDerm.html.

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Accompanying documents

- Methods Report
- Evidence Report
- Implementation Slides
- Publications

Funding (standard) Statement

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Scoping and defining the purpose of the guideline

The aim of this guideline is to provide guidance on the management and treatment of patient with atopic eczema (AE) of all severities and age groups. According to the scoping document, the objectives of the guideline are:

- To generate recommendations and treatment algorithms on topical therapy, phototherapy as well as novel and established systemic treatments for AE, based on the latest evidence.
- Provide guidance in the management of AE patients during pregnancy and AE patients with allergic and other comorbidities.
Population and health questions covered by the guideline

The target population are patients with AE of all ages. Major health questions (regardless of sex, ethnicity or gender) regarding AE are:

- What is the optimal treatment with regard to patients’ needs, taking efficacy, safety/tolerability of different treatment options and comorbidities into consideration?
- How should the selected treatment option best be managed and monitored?

Whenever possible and feasible, the recommendations are evidence-based, taking into account the results of systematic evidence synthesis based on rigorous methods as well as on the practical experience obtained by the expert group.

Targeted users of this guideline

This guideline has been prepared for physicians, especially dermatologists, paediatricians, allergists, general practitioners and other specialists taking care of patients suffering from AE. Patients and caregivers may also be able to get reliable information and advice with regard to evidence-based therapeutic modalities.